

Metro Parent

PDX KIDS CALENDAR

PDX for families.



November 22, 2015

Hello friends!

Thanksgiving week offers so many exciting activities for all ages. Don't miss out on family bonding, education about world hunger, stories, art, yoga, and outdoor exploration. Not to mention free community holiday feasts, tree lightings and parades. It's a great week to be a Portlander.

Plus we have a great giveaway happening right now. See below for more details.

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Don't forget to check for last minute

cancellations and changes before heading out!

Have fun out there!

Warmly,
Your friends at Metro Parent-PDX Kids Calendar

Our Event Picks

Monday, November 23rd

[Infant Massage at Cafe Au Play in SE PDX](#). An instructor will guide you in learning safe and relaxing massage techniques for little ones, birth-12 months old, as well as the neurological and physiological benefits of this bonding activity. Monday, 9:30-10:30 am. \$5-\$7 suggested donation.

[A Hungry World in SW PDX](#). Families are invited to explore the relationship between world hunger, food, economic development and the environment. Monday, 11 am-5 pm. Free!

Tuesday, November 24th

[Family Storytime in NW PDX](#). Children from birth to 8 years old are welcome with their parents to enjoy songs, stories, rhymes and movement activities. Tuesday, 10-11 am. Free!

[Parent/Child Yoga Classes in NW PDX](#). Families with children of all ages are encouraged to explore yoga through games, stories and imaginative play led by an instructor. Tuesday, 11 am-noon. \$10.

Wednesday, November 25th

[Messy Art at Spark Arts Center in NE PDX](#). Explore a variety of art stations stocked with supplies for drawing, painting, collaging and building. Geared toward children 2-6 years old with their parents. Wednesday, 9 am-noon. \$7-\$10.

[Drop-in Chirp Early Childhood Music in SE PDX](#). This family-based program is for infants, toddlers and preschoolers to explore music through movement, play



and sensory-rich experiences. Pre-registration required. Wednesday, 11-11:45 am. \$10 for first-time families to take a "test flight".

Thursday, November 26th

[Proper Thanksgiving Feast in N PDX](#). This community dinner is open to everyone and will offer traditional Thanksgiving favorites as well as new and innovative dishes. There will also be music, entertainment and kids' activities. Thursday, noon-4 pm. Free!

Friday, November 27th

[Green Friday at Tryon Creek State Natural Area in SW PDX](#). Looking for an alternative to Black Friday? Spend the day exploring the park with trained naturalists on site to help you and your family have a fun and educational experience. Friday, 8 am-4 pm. Free!

[My Macy's Holiday Parade in SW PDX](#). The 28th annual parade will feature 25 floats, local marching bands, nearly 650 costumed characters and more. Friday, 9-10 am. Free!

[Holiday Tree Lighting Ceremony at Pioneer Courthouse Square in SW PDX](#). Portlanders will gather for a holiday sing-a-long with Thomas Lauderdale and members of Pink Martini, The Pacific Youth Choir, The von Trapps and more. Entertainment will be followed by the lighting of the 75-foot Christmas Tree at the Square. Friday, 5:30-6:30 pm. Free!

[More ideas for fun things to do on our Events Calendar.](#)



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Two Great Ways to Celebrate Chanukah



Congregation Shaarie Torah is excited to celebrate Chanukah with you this year.

Preschool Family Education Chanukah Gathering

Sunday, December 6th. 10:00 am.

Families with children ages 2-6 are welcome to join Shaarie Torah for a special FREE Chanukah celebration just for you with singing, stories, crafts and delicious treats!

Maccabee's Celebration: A Chanukah Adventure For All Ages

Friday, December 11th. 5:30 pm.

You're invited to Shaarie Torah's annual party for all ages with games, dinner, trivia and even cocktails for adults!

Where: 920 NW 25th Ave.

Cost: \$8 per person / \$30 per family

[Click here for more information](#) or call 503-226-6131

Cinnamon Bear Cruise

Take an enchanting two-hour cruise with the Cinnamon Bear & Friends as they transport you and your children to the nostalgic world of Maybeland.

There will be special treats for the kids, including holiday photos taken with The Cinnamon Bear himself atop his magical throne.



The Cinnamon Bear Cruise

\$30 for adults, \$22 for children ages 1-12 and free for children under age of 1 year.

Includes one picture with the Cinnamon Bear for each child and light snack buffet. Price does not include landing fee.

Saturdays and Sundays in November and December, plus weekday cruises on December 23rd and 24th.

Giveaway

Enter to Win Four Tickets to see...



Let Your Freak Flag Fly! How is an ogre like an onion? Do donkeys and dragons make good friends? Do YOU know the muffin man? Discover the answers to these questions and more as Shrek, Fiona, and company bumble, blunder and belch their way from one twisted fairytale to another in this rowdy re-telling of the beloved animated film.

We are so excited to be giving away four tickets to this fun and light-hearted performance.

[Click here for details to enter.](#) Giveaway ends Monday 11/23 at 11:59 pm.

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We always like to hear from you so feel free to contact us anytime!

Metro Parent-PDX Kids Calendar sends out periodic magazine updates and promotional emails. We also send out two newsletters each week - Weekly Happenings on Sunday evenings and Weekend Updates on Wednesday evenings.

Missing out on something? Mailbox feeling bogged down? It's easy to change your settings and receive one, two or all! Simply click on the "Update Profile/Email Address" link at the bottom of this email to change your settings.