

Mental Health Safety Net Services in Clackamas County



Crisis and Support Line

503-655-8585 (1-888-414-1553 toll free)

We can support you over the phone. If you feel overwhelmed, uncertain, or have strong emotions, we are here. If you have thoughts of hurting yourself or others, we are here. We offer suicide screening and we can help create a safety plan. But even if there is no crisis, we will offer support, connection, information and education. This service is available 24/7.



Clackamas Mental Health Center (MHC)

503-655-8585

Our urgent mental health walk-in center is open and we welcome new clients. This resource is best for people experiencing severe symptoms or concerns who might be interested in engaging with a counselor. Our hours are 9 a.m. to 7 p.m., Monday through Friday, and 10 a.m. to 7 p.m. Saturdays, closed Sundays. We are scheduling phone and video meetings and can take walk-ins if you do not have technology to meet by video.



Peer Support Services

Get support from someone in recovery who has their own lived experience of addiction and/or mental health struggle. We partner with a variety of community organizations and non-profits to provide peer support services on site. You or your loved one are not required to be in treatment services to access peer support services. Peer support services are free of charge and do not require insurance. These services are available Monday through Friday at Clackamas MHC. Peers are also mobile can meet you where you are.



Mobile Crisis Response Team (MCRT)

503-655-8585

MCRT provides face-to-face therapeutic responses in public settings where a mental health crisis is occurring. This can be in an individual's home, at a school, in a business and even on a street corner. The goal of mobile crisis services is to help you or your loved one resolve the mental health crisis where you are, and to avoid unnecessary hospitalization, involuntary commitment, and arrest or incarceration. These services are available anytime, day or night. Peer support services are also available through MCRT.



Behavioral Health Unit (BHU)

BHU counselors are stationed at the Clackamas County Sheriff's Office. We are the primary response for calls that require law enforcement presence due to safety. BHU responds to referrals directly from law enforcement, and is available every day from 8:30 a.m. to 7 p.m. Peer support services are also available through BHU.



Clackamas Safe + Strong

safestrong@clackamas.us | 503-655-8585

We've created outreach teams trained to provide support and services to help individuals who are struggling with anxiety, worry, isolation and other stressors.

These teams provide education, encouragement, and information about coping during the COVID 19 pandemic. These services are available Monday through Friday.